Brief Description	Family Connections (FC) is a multi-faceted community-based program that works with vulnerable families in their homes, in the context of their neighborhoods, to help them meet the basic needs of their children and prevent child maltreatment and out-of-home placement.
FC Core Components	 Intake & screening Outreach & engagement Concrete/emergency needs assessment and services Comprehensive family assessment (including the use of standardized clinical assessment instruments) Outcome driven service plans with SMART goals Change focused intervention a) Minimum of 1 hour per week of purposeful change focused intervention in the home b) Advocacy/service facilitation Evaluation of Change (at least every 90 days after the initial service plan) – including the assessment of change over time using standardized assessment instruments Case closure
Target Population	Families with children (birth to 18) who are at risk of child maltreatment.
	Original research indicated positive change over time in protective factors
Outcomes	(parenting attitudes, parenting competence, social support); diminished risk factors (parental depressive symptoms, parenting stress, life stress); and improved child safety (physical and psychological care of children) and child behavior (internalizing and externalizing behavior). Agencies replicating FC have demonstrated similar changes in risk and protective factors over time.
Outcomes Length of Service	(parenting attitudes, parenting competence, social support); diminished risk factors (parental depressive symptoms, parenting stress, life stress); and improved child safety (physical and psychological care of children) and child behavior (internalizing and externalizing behavior). Agencies replicating FC

Workload/Caseload	Fidelity criteria focus on performance of core intervention components (e.g., at least one hour per week of face to face change focused interventions), rather than a pre-determined caseload size. Individual providers have been more likely to meet Family Connections fidelity when caseloads have not exceeded eight families per case planner.
	Overview of General Requirements
 Participate in a F Ideally, supervis All staff completion (partially online) All staff implem All staff build control of the Qualtrics canter in the Qualtrics canter in the comprehensive Programs agree to the programs agree to the	I Family Connections Fidelity Criteria Readiness to Implement Family Connections assessment at start up. ors complete a Building Coaching Competency 2-day course et the Building Competence for Family Connections Practice hybrid course et and live), all staff complete homework that guides FC practice in all ent the intervention as outlined in the Family Connections Intervention Manual ompetence in using Qualtrics to support the Computer Assisted Interview and se review fidelity tool ust provide electronic devices (tablets, smart phones, laptops) that staff use r the Computer Assisted Self Interview (CASI) required during the family assessment and evaluation of change intervention components. to participate in data sharing and evaluation. pate in an assessment of fidelity every six months
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COSTS: We individualize approaches to the size and needs of the program to cover installation, training, technical assistance, implementation support, and fidelity assessment.

<u>Published Papers about Family Connections</u>:

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- Stephens, K., Mills, C., Williams, C., Bridge, T., & Massie, E. (2009). Maximizing the therapeutic helping alliance with high-risk families. *Protecting Children*, 24(3), 28-38.
- Swanson Ernst, J., Meyer, M., & DePanfilis, D. (2004). Housing characteristics and adequacy of physical care of children: An exploratory analysis. *Child Welfare, Special Issue on Housing* and Homelessness, 83, 437-452.
- Theriot, M.T., O'Day, K. R., & Hatfield, K. (2009). Client and service use predictors of successfully completing a child maltreatment prevention program. *Protecting Children*, 24(3), 39-50.
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Dissertations using Family Connections data:

- Leah Bartley Making it happen: Understanding worker and organizational factors related to fidelity to Family Connections, a child maltreatment prevention program. Ph.D. 2017, University of Maryland, Baltimore.
- Melissa Lim Brodowski Factors associated with changes in parental depressive symptoms: A longitudinal multilevel analysis of parents at high risk for child maltreatment. Ph.D. 2012, University of Maryland, Baltimore.
- R. Anna Hayward, Neighborhood conditions, father involvement, parenting competence, and behavior problems in a sample of children at risk for neglect: A structural equation model. Ph.D. 2009, University of Maryland, Baltimore.
- Gaynell M. Simpson An exploration of social support and coping and the impact on caregiver wellbeing among African American grandmothers who provide care for their grandchildren. Ph.D. 2003, University of Maryland, Baltimore.



A few past Faculty and Staff Affiliated with Family Connections - Baltimore.